

VYO INSTRUCCIONAL BASKETBALL LEAGUE RULES

1. THE INSTRUCTIONAL LEAGUE IS DESIGNED FOR THE KIDS TO HAVE FUN WHILE LEARNING THE BASIC FUNDAMENTALS OF BASKETBALL.
2. THIS IS A CO-ED LEAGUE CONSISTING OF K – 1ST GRADERS.
3. THE LEAGUE IS SET FOR PLAY ON HALF-COURT WITH 8' TALL BASKETS
4. PRACTICE WILL BEGIN IN NOVEMBER. GAMES WILL BEIGIN IN DECEMBER. TIMES FOR THE GAMES WILL BE THE SAME AS THE PRACTICE TIMES. GAMES WILL START AT THE TOP OF THE HOUR WITH A 15 MINUTE PRACTICE FOLLOWED BY A 45 MINUTE GAME.
5. GAMES WILL CONSIST OF FOUR (4) EIGHT MINUTE QUARTERS WITH A RUNNING CLOCK. THERE WILL BE A TWO MINUTE HALF TIME. NO SCORE WILL BE KEPT ON THE SCOREBOARD.
 - a. First 10 Minutes will be Warm-Up/Practice (9:00 – 9:10, 10:00 – 10:10)
 - b. Buzzer will Sound – Teams will get 5 minutes to get ready to begin the game
 - c. Games will start promptly at 9:15 or 10:15
 - d. There will be 2 minutes between quarters for coaches to change lineups
6. EACH GAME WILL START WITH THE HOME TEAM (FIRST TEAM LISTED ON THE SCHEDULE) STARTING WITH THE BALL. EACH OF THE FOLLOWING QUARTER STARTING POSESSION WILL ALTERNATE.
7. EACH PLAYER MUST PLAY AT LEAST TWO FULL QUARTERS PER GAME: ONE PER HALF. EXCEPTIONS: IF A CHILD MISSES TOO MANY PRACTICES/GAMES WITHOUT CALLING THE COACH AHEAD OF TIME, IT WILL BE UP TO THE COACHES DISCRETION AS TO HOW MANY QUARTERS THAT CHILD MIGHT PLAY.
8. NO PLAYER WILL PLAY IN ALL FOUR QUARTERS.
9. TEAMS MUST DROP BACK AFTER CHANGE OF POSSETION – NO FULL COURT PRESSURE. NO FAST BREAKS AT ANY TIME!!!!!!!!!!!!
10. ALL TEAMS WILL PLAY DEFENSIVE ZONE WHERE THE PLAYERS MUST REMAIN WITH THE ZONED AREA (THE LANE). ZONE SHOULD BE 2-1-2 OR 2-3 TYPE ZONE.
11. THE ONLY TIME THE DEFENSE MAY LEAVE THE ZONED AREA IS TO RECOVER A LONG REBOUND. HOWEVER, IF THE OFFENSE RECOVERS, THE DEFENSE MUST RETURN TO THE ZONED AREA. THERE IS NO REACHING OUT OF THIS AREA TO GRAB THE BALL.
12. TRAVELING WILL NOT RESULT IN A TURNOVER. THE PLAYER WILL BE STOPPED, INSTRUCTED OF THE RULE, AND PLAY WILL RESUME.
13. THE OUT OF BOUNDS RULE WILL BE ENFORCED BY THE FIRST GAME OF THE NEW CALENDAR YEAR. OUT OF BOUNDS WILL BE CONSIDERED WHEN THE BALL HAS CROSSED THE YELLOW LINES.
14. ONE COACH PER TEAM WILL BE ON THE FLOOR DURING THE GAME FOR INSTRUCTION OR REFEREEING PURPOSES. NO OTHER COACH WILL BE ALLOWED ON THE COURT OR PERMITTED TO ROAM THE BOUNDARIES OF THE COART. THEY MUST STAY ON THE BENCH.
15. COACHES WILL CONDUCT THEMSELVES IN A SPORTSMANLIKE MANNER AND OBEY THE PARENT/COACHES CODE OF ETHICS. COACHES WILL BE RESPONSIBLE FOR THEIR PLAYERS, COACHES AND PARENTS.
16. EACH TEAM WILL BE RESPONSIBLE FOR MAINTAINING THE SCOREBOARD ON A WEEKLY ROTATION DURING YOUR GAME ONLY. THERE WILL NOT BE ANY HARRASSING OF THE TIME KEEPERS. THESE ARE PEOPLE VOLUNTEERING THEIR TIME.

REMINDER: THIS IS A GAME FOR THE KIDS AND NOT THE PARENTS. THEY ARE HERE TO HAVE FUN AND LEARN THE BASIC RULES OF BASKETBALL.

PLEASE VISIT THE VYO WEBSITE FOR SCHEDULES, RULES AND NEWS: WWW.READINGVYO.COM